THE FOUNTAIN

Issue No. 726 November 2026 1000 SOUTHERN ARTERY · QUINCY, MA

Thanksgiving Takeout Special

WEDNESDAY, NOVEMBER 25

Get ready to enjoy a warm and hearty Thanksgiving meal without the hassle of cooking. On **Wednesday, November 25th,** Residents and Center Members are invited to enjoy a delicious **Thanksgiving meal for takeout** between **11:30 AM and 1:30 PM for purchase.**

Thanks to our fantastic kitchen staff, this festive luncheon will feature delicious oven-roasted, sliced turkey, mashed potatoes, stuffing, savory gravy, and cranberry sauce, served alongside seasonal squash and finished off with a sweet slice of pie —all for just **$12!**

Enjoy **entertainment** by the talented **Chuck Palmer** from 11:30 AM – 1:00 PM. While the **kitchen will close at 2:00 PM,** guests are more than welcome to **enjoy their meals in the dining room** if they wish to stay.

Come celebrate the season with comfort food made with care. Don't miss out on this tasty Thanksgiving treat! **No Pre-Ordering required – just order, pay & enjoy. Limit 2 meals per-person.**



Veterans Day Holiday

Our offices and the Dining Room will be closed on **Wednesday, November 11th** in observance of **Veterans Day.** Thank you to all Veterans who have served our country.

Thanksgiving Holiday

Our offices and the Dining Room will be closed on **Thursday, November 26th,** and **Friday, November 27th** in observance of the **Thanksgiving Holiday.** Have a safe & happy Thanksgiving!

Art Show & SINGO

WEDNESDAY, NOVEMBER 4

Experience Art and Entertainment at SINGO! Join us on **Wednesday, November 4th** at **2:00 PM** for an afternoon of fun and excitement with **SINGO**—a lively mix of music and bingo!

While you're enjoying the game, be sure to take a moment to explore the **beautiful student artwork** on display, created by the talented artists of **1000 SASC.** The exhibit features a stunning variety of pieces in **watercolor, oil painting, drawing,** and more—each one a unique expression of creativity and skill. Don't miss this inspiring celebration of **art, music, and community!**

November Birthday Celebration
TUESDAY, NOVEMBER 10

Join us on **Tuesday, November 10th at 2:00 PM** in the **EAST Wing Lounge** for a special live performance by the talented **Robert Black,** an award-winning Elvis Presley tribute artist, who performs nationwide!

Robert Black's authentic portrayal and exciting interpretation of Elvis Presley, has made him one of the country's most sought after, and popular tribute performers.

Quincy Health Department
FRIDAY, NOVEMBER 13

This November join Deb Deery, NP, from the **Quincy Health Department,** on **Friday, November 13th** at **10:00 AM** in **Classroom 1** as she discusses Alzheimer's Awareness.

All are welcome to this **FREE** and informative presentation.

Veterans Community Group
WEDNESDAY, NOVEMBER 18

Thank you to all of our Veterans for your bravery, dedication, and service to our country. We wish you a peaceful Veterans Day, and invite you to join the **Veteran Community Connection Group on Wednesday, November 18th for a FREE** cup of coffee.

Please note, this monthly coffee hour is typically held on the **second Wednesday of every month** from **10:00–11:00 AM** in **Classroom 3** of the East Wing Building. Contact: Nessa Oates, (617) 963-6764, Nessa.Oates@va.gov

Make a Pie, Take a Pie
TUESDAY, NOVEMBER 17

Join 1000 SASC on **Tuesday, November 17th,** for a special **"Make a Pie, Take a Pie"** event led by Kitchen Manager, Anthony, from **2:00 -3:00 PM** in the **North Wing Dining Room.**

Participants will enjoy step-by-step, hands-on instruction as they learn how to make a delicious homemade pie. Best of all, this **FREE** event is a chance to have fun, learn something new, and take home a pie to enjoy.

Pre-registration is required. To reserve your spot, call **617-471-1000 x 107.** Come for the fun, stay for the food, and leave with a pie!



Chopsticks, Snacks & Laughs: Presented by Therapy Gardens
THURSDAY, NOVEMBER 19

Join Therapy Gardens on **Thursday, November 19th** at **2:00 PM** in the **Activity Room** and discover the art, and the joy, of using chopsticks in this lighthearted, social workshop.

We'll explore a bit of chopstick history, learn simple techniques that anyone can master, and enjoy a tasty chopstick-friendly snack while you practice.

All are welcome to this **FREE** event. **Pre-registration is required.** To reserve your spot, call **617-471-1000 x 107.**

St. Joe & St. John Collaborative

FRIDAY, NOVEMBER 20

You are warmly invited to attend a **Catholic Mass** on **Friday, November 20th** at **1:30 PM** in the **East Wing Lounge**. All are welcome to attend, regardless of parish affiliation. **Confession will also be available after Mass** for those who wish to participate.

Crafting with the Center

MONDAY, NOVEMBER 23

Get ready for a **FREE** interactive craft session on **Monday, November 23rd at 1:30 PM OR 2:30 PM** in **Classroom 1 (please note the change of location)**. Create keepsake crafts, guided by the Senior Center staff. All materials are provided. Please register for one of the sessions by calling the Center Office at **617-471-1000 x 107**.

Movie of the Month

WONDER

On **Tuesday, November 24th** at **1:30 PM** in the **South Wing Auditorium**, we will be showing ***Wonder*** (in closed caption) starring Julia Roberts, Owen Wilson, Izabela Vidovic, and more.

Based on the New York Times bestseller, this movie tells the incredibly inspiring and heartwarming story of August Pullman, a boy with facial differences who enters the fifth grade, attending a mainstream elementary school for the first time.

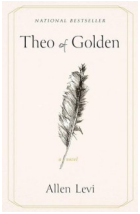
This film is rated PG and runs approximately 1 hour 53 minutes.

1000 SASC "Neighbors & Novels" Book Club

NOVERMBER / DECEMBER

Led by Executive Director Sara Morrison

Join fellow readers for the **1000 SASC "Neighbors & Novels" Book Club**. Stop by the Center Office to sign up and pick up information about the most recent book selection. The meeting will be held in **December.**



Book Discussions:
Classroom 1 (North Building)
• Thursday, December 3 at 3:00 PM
• Tuesday, December 8 at 10:00 PM
Book Selection:
Theo of Golden by Allen Levi

One spring morning, a stranger named Theo arrives in the small Southern city of Golden. He doesn't explain much about where he came from or why he's there—but when he visits the local coffeehouse, where pencil portraits of the people of Golden hang on the walls, he begins purchasing them, one at a time, and giving each portrait to the person depicted. In exchange, he asks only for the person's story. And so portrait by portrait, person by person, secrets are revealed, regrets are shared, and ordinary lives are profoundly altered.

Pay it Forward



This Thanksgiving, let's take a moment to be thankful for what we have, and remember to give to others. Whether it's a kind word, a helping hand, or a small act of generosity, every gesture can make a difference. **Let's celebrate gratitude by paying it forward.**

Thank You, Volunteers!

This Thanksgiving season, the Senior Center would like to express our heartfelt thanks for all you do. Your time, kindness, and dedication make a meaningful difference in our community.

Wishing you and your loved ones a warm and joyful Thanksgiving filled with laughter, good food, and special memories.

Thank you for being such an important part of our Senior Center family!







Save the Date for these FREE events:

11/4 – 1:30 PM, Art Show & SINGO, NW DR

11/10 - 2:00 PM, Birthday Celebration (Robert Black), **East Wing Lounge**

11/13 – 10:00 AM, Quincy Health Department Presentation: Alzheimer's Awareness, CR 1

11/17 – 2:00 PM, Make a Pie - Take a Pie, NW DR

11/18 – 10:00 AM, VA Coffee Hour, CR 3

11/19 – 2:00 PM, Chopsticks, Snacks & Laughs: Presented by Therapy Gardens, ACT RM
(*pre-registration required)

11/20 – 1:30 PM, Catholic Mass, EW Lounge

11/23 – 1:30 & 2:30 PM, Crafting with the Senior Center, CR 1
(*pre-registration required)

11/24 – 1:30 PM, Movie of the Month (*Wonder*) in Closed Caption, SW AUD

11/25 – 11:30 AM – 1:00 PM, Entertainment by Chuck Palmer, NW DR

NOVEMBER 2026 CALENDAR OF EVENTS AT 1000 SOUTHERN ARTERY

*No Registration Required

DAY	TIME	CLASSES OR GROUPS	TEACHER	ROOM
MON	10:00 AM	*Bible Study	Residents	GAME RM
	10:00 AM	Mat Yoga	Judith Cohen	EWL
	12:15 PM	*Cribbage Tournament	Residents	CR3
	1:00 PM	*Drawing	Paul Schofield	CR3
	2:00 PM	*Corn Hole	Residents	EWL
TUE	10:00 AM	*Mah Jongg	Residents	NW DR
	10:00 AM	*Meditation	Residents	ZOOM
	11:15 AM	Stretch & Strength	Dee Lyon	ACT RM
	12:15 PM	Moderate Chair Yoga	Dee Lyon	ACT RM
	5:00 PM	Line Dancing	Donna D.	ACT RM
WED	10:00 AM	Ceramics	Residents	CR1
	10:00 AM	*Chinese Culture Folk Dance /Tai Chi	Xiaoy Lu	ACT RM
	10:30 AM	*Walking Club	Center Office	NW DR
	1:00 PM	*Cribbage Tournament	Residents	CR1
	1:00 PM	*Watercolor	Paul Schofield	CR3
	2:00 PM	*Chinese Square Dancing	Lisa Wu	ACT RM
	6:00 PM	*Board Games	Residents	NW RM
THUR	9:30 AM	*Aerobic Exercise	Mofen Hu	ACT RM
	10:00 AM	*Meditation	Residents	ZOOM
	10:30 AM	*Mah Jongg	Residents	NW DR
	6:00 PM	Tap Dancing	Donna D.	ACT RM
FRI	10:00 AM	Mat Yoga	Judith Cohen	EWL
	11:30 AM	Stretch/Strength	Dee Lyon	ACT RM
	12:15 PM	Easy Chair Yoga	Dee Lyon	ACT RM
	1:00 PM	*Crafts / Acrylics	Paul Schofield	CR3
	1:00 PM	*Backgammon	Residents	GAME RM
	2:00 PM	*Sing-a-Long	Residents	ACT RM
	6:00 PM	*Whist	Residents	NW DR