



# THE FOUNTAIN

Issue No. 697 June 2024

1000 SOUTHERN ARTERY · QUINCY, MA

## June Birthday Celebration

TUESDAY, JUNE 11

On Tuesday, June 11th come to honor those with a June birthday. Enjoy music from the talented Memory Laners, featuring songs from the 50s, 60s, and 70s. The Birthday Celebration will be at 2:00 PM in the North Wing Dining Room. All are welcome.

## Summer Class Registration

WEEK OF JUNE 3

Registration for the 2024 Summer Exercise Series is scheduled for the first week in June. **Reminder – there are no classes the week of 6/3 during registration.** Summer classes are \$10 and you must register by calling the Center Office at 617-471-1000x 107. Classes for the Summer Series commence the week of June 10th.

## SINGO

WEDNESDAY, JUNE 5

Visit the North Wing Dining Room on Wednesday, June 5th, at 1:30 PM for a fun version of Bingo. “Singo” replaces the numbers with your favorite songs. All are welcome!



## Quincy Health Department

THURSDAY, JUNE 6

Join Deb Deery, LPN from Quincy Health Department, at 10:00 AM on Thursday, June 6th in CR 1 as she hosts a presentation dedicated to discussing mental health. All are welcome.

## Card Making Class

FRIDAY, JUNE 14

Tap into your creative side and enjoy a FREE card-making workshop. Carrie from “My Friends Call me Martha” will guide you through the card making process. No prior crafting experience necessary! Carrie has been a card maker for over 20 years and what started as a few stamps, inks and paper has turned into a small business. Carrie enjoys teaching classes and you will leave class with some beautiful cards to send to your friends and family. Space is limited. Call 617-471-1000x 107 to register.

## For Your Information

WEDNESDAY, JUNE 19

The Offices, the Dining Room and Colonial Federal Savings Bank in the East Wing will be closed on Wednesday, June 19th in observance of Juneteenth.

## St. Joseph, St. John Collaborative

FRIDAY, JUNE 21

A Catholic Mass, led by St. Joseph St. John Collaborative, will be held in the East Wing Lounge at 1:30 PM. All are welcome.

## Movie of the Month

*SOMETHING'S GOTTA GIVE*

On Tuesday, June 25th at 1:30 PM we will be showing *Something's Gotta Give* starring, Jack Nicholson, Diane Keaton, Keanu Reeves, and more.

A swinger on the cusp of being a senior citizen with a taste for young women falls in love with an accomplished woman closer to his age.

We will have a repeat showing of *Something's Gotta Give* with closed caption, on the following day, Wednesday, June 26th, at 1:30 PM. This film is rated PG-13 and runs approximately 2 hours 8 minutes.

## Ellie's Treats

FRIDAY, JUNE 28



Come and "treat" yourself to something from Ellie's Treats! More than just an ice cream truck, Ellie's Treats has something for everyone to enjoy! Choose from an assortment of ice cream, snow cones, snacks, candy, frappes, and other yummy frozen treats.

**North Wing: 1:00 PM-2:00 PM**

**East Wing: 2:00 PM – 3:00 PM**

## Outdoor Fun

### HORSESHOES

Residents and Center Members are invited to Horseshoes at the outdoor pit behind the North Wing. Horseshoes is every Friday at 10:00 AM, weather permitting. It is fun and easy to learn! See you on Fridays!

### SHUFFLEBOARD

Fun on the outdoor court behind the North Wing begins, too! Shuffleboard is every Thursday at 10:00 AM.

## Harry's Dance

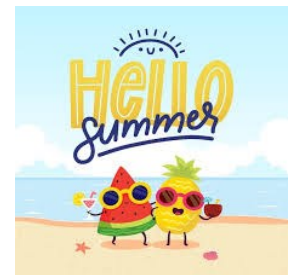
SATURDAY, JUNE 1

Join us on Saturday, June 1st at 7:00 PM in the Activity Room for Harry's Dance. Celebrate the unofficial start of summer with music and dancing!

## Old Hollywood

THURSDAY, JUNE 27

Join us for a presentation on "Hollywood Studio Systems and Supporting Actors" by George Mallett. The event will occur on Thursday, June 27th at 2:00 PM in the Activity Room. Discover the fascinating stories of old Hollywood legends and the studio system from the 1930s, 40s, and 50s. Everyone is welcome to attend and enjoy the glamour of the past.



## Bingo

Bingo will be on hold during the summer months of June, July & August. A special THANK YOU to ALL of the volunteers who helped this program run so smoothly for residents & center members to enjoy! We look forward to resuming in the fall.

## Beauty Shop

Cheryl is available Thursday & Friday 9 AM – 2 PM by appointment only by calling 617-471-1096. Amy Tran is available on Tuesdays for walk-ins from 10 AM – 2 PM. Cindy is available on Thursdays for walk-ins from 9 AM – 2 PM.

## Artery Grocery

Bring this AD into Artery Grocery before Saturday, June 22nd (write your name, apartment number, and phone number on the ad below). Buy some groceries and enter for a chance to win an Oven Roasted Chicken. The Drawing will be held on Saturday, June 22nd. One entry per person.

✂

Name:

Apartment #:

Phone #:

## Adventure Awaits in 2024!

### DAY TRIPS:

**Rod Stewart Tribute** – October 23 (Lake Pearl, Wrentham): Booking Deadline 8/23

**Kenny & Dolly Tribute** – December 5 (Lake Pearl, Wrentham): Booking Deadline 10/4

### OVERNIGHT TRIPS:

**Turning Stone Casino** – December 1-3: Booking Deadline 10/8

**Mount Washington** – December 10-12: Booking Deadline 10/10

## Save the Date!

**Spotlight on Tuscany with Collette Tours** – April 30th— May 8th, 2025



## JUNE 2024 CALENDAR OF EVENTS AT 1000 SOUTHERN ARTERY

\*No Registration Required

DAY	TIME	CLASSES OR GROUPS	TEACHER	ROOM
MON	10:00 AM	*Bible Study	Millie McMartin	GAME RM
	11:00 AM	Mat Yoga	Judith Cohen	EWL
	12:15 PM	*Cribbage Tournament	Ken White	CR3
	1:00 PM	*Drawing	Paul Schofield	CR3
	2:00 PM	Tai Chi	Cheuk Kai Leung	ACT RM
	2:00 PM	*Corn Hole	Residents	EWL
	5:30 PM	*Bingo	Residents	NW DR
TUE	10:00 AM	*Mah Jongg	Helen Civello	NW DR
	10:00 AM	*Meditation	Residents	ZOOM
	11:15 AM	Stretch & Strength	Dee Lyon	ACT RM
	12:15 PM	Moderate Chair Yoga	Dee Lyon	ACT RM
WED	10:00 AM	Ceramics	Residents	CR1
	10:00 AM	*Chinese Culture Folk Dance	Eva Cao	ACT RM
	1:00 PM	*Cribbage Tournament	Ken White	CR1
	1:00 PM	*Watercolor & Crafts	Paul Schofield	CR3
	2:00 PM	*Chinese Square Dancing	Lisa Wu	ACT RM
	6:00 PM	*Board Games	Joan Henshaw	NW RM
THUR	9:30 AM	*Podiatrist (By Appt Only)	Dr. James Dwyer	CR1
	9:30 AM	*Aerobic Exercise	Mofen Hu	ACT RM
	10:00 AM	*Shuffleboard	Residents	NW COURT
	10:00 AM	*Meditation	Residents	ZOOM
FRI	10:00 AM	*Horseshoes	Residents	NW PIT
	10:30 AM	*Mah Jongg	Helen Civello	NW DR
	11:00 AM	Mat Yoga	Judith Cohen	EWL
	11:15 AM	Stretch/Strength	Dee Lyon	ACT RM
	12:15 PM	Easy Chair Yoga	Dee Lyon	ACT RM
	1:00 PM	*Backgammon	Residents	GAME RM
	1:00 PM	*Watercolor & Oil Paining	Paul Schofield	CR3
	1:00 PM	*Horseshoes	Residents	NW PIT
	2:00 PM	*Sing-a-Long	Residents	ACT RM
	6:00 PM	*Whist	Vito Grimaldi	NW DR
SUN	2:00 PM	*Board Games	Joan Henshaw	NW DR